

Food Items to Donate

Top 10 needs <ul style="list-style-type: none"> • peanut butter • tuna(canned) • beef stews(canned) • fruit(canned) • pasta • spaghetti sauce • pastas(canned) • macaroni and cheese mix • cereal 	
Protein Foods: Meat, Poultry, Fish, Beans, and Nuts <ul style="list-style-type: none"> • chicken(canned) • salmon(canned) • chili(canned) • Beans: (canned or dried) 	Grains: Bread, Cereal, Rice, and Pasta <ul style="list-style-type: none"> • rice and rice mixes • noodle mixes • crackers • bread and muffin mixes • pancake mix • flour
Vegetables <ul style="list-style-type: none"> • tomato products(canned) • vegetables(canned) • vegetable soup • V-8 juice 	Fruits <ul style="list-style-type: none"> • juice: canned and boxed • raisins • dried fruits
Dairy: Milk and Cheese <ul style="list-style-type: none"> • nonfat dry milk • evaporated milk • small boxes of shelf-stable (UHT) milk 	Oils and Condiments <ul style="list-style-type: none"> • honey • sugar • mayonnaise • vegetable oil • salad dressing • syrup

Non-Food Items to Donate

Paper Products <ul style="list-style-type: none"> • toilet paper • paper towels • tissues 	Soap Products <ul style="list-style-type: none"> • hand soap • laundry and dish detergent • cleaning products
Personal Care Products <ul style="list-style-type: none"> • shampoo • toothpaste • toothbrushes • deodorant • shaving cream • razors 	Extras <ul style="list-style-type: none"> • tea • coffee

Please donate packages sized for individuals or families, not bulk.